Contemporary

Definition

Contemporary includes both Ballet-based Contemporary and Modern Contemporary.

- Contemporary techniques can be combined.
- Any musical style, spoken word, sound effects or silence can be used.
- The dance can be performed barefoot, in socks or in half ballet shoes.

Marking Criteria

TECHNIQUE — **30 points**

- Technique must show a clear Contemporary foundation
- Connected use of the whole body
- Breath, weight and momentum contributing to movement quality
- Control through weight transfer, changes of level and dynamic variation
- Contemporary line and shape within the movement

MUSICALITY — **20 points**

- Musicality through phrasing, timing and dynamic variation, either within the movement itself or in response to the music or lyrics

ARTISTRY AND PERFORMANCE — **30 points**

- Interpretation that communicates the purpose of the choreography
- Performance quality appropriate to the style and content of the work

CHOREOGRAPHY — **20 points**

- Choreography should show effective use of choreographic devices
- Acrobatic elements, where used, must be integrated into the movement and not appear as stand-alone tricks
- Any floor work must retain the Contemporary movement quality

Notes

The work must demonstrate a clear understanding of recognisable contemporary dance techniques such as Graham, Cunningham, Horton, Release (and others).